Unit 3 Web-Based Resources and Videos

Chapter 6

Recipe for Unleavened Bread

* <https://www.allrecipes.com/recipe/213682/matzah/>

A fun and engaging, hands-on activity would be to make unleavened bread or “matzah.”   
You can find a recipe here.

Symbols of the Eucharist

* <https://www.newadvent.org/cathen/05590a.htm>

An excellent article on the symbols of the Eucharist in the New Testament accounts.

Jesus’ Flesh and Blood

* <https://www.youtube.com/watch?v=NDVLBUK5FGw&feature=emb_logo>

Bishop Barron speaks on the mystery of eating Jesus’ flesh.

Jesus, the Bread of Life

* <https://www.youtube.com/watch?v=YLZvJXmP7fo&feature=emb_logo>

A short video explaining what Jesus meant when he said he was the bread of life (see John 6:35).

Chapter 7

What Are the Historical Roots of the Mass?

* <https://www.smp.org/resourcecenter/resource/3415/>

A short video explaining the historical roots of the Mass, how and why the Mass is changing,   
and what does it all mean for you?

Parts of the Mass

* <https://www.usccb.org/prayer-and-worship/the-mass/order-of-mass/upload/parts-of-the-mass.pdf>

A handy, one-page sheet describing the parts of the Mass in detail.

What Is the Collect?

* <https://www.youtube.com/watch?v=lftp3KihE6A>

A brief video explaining the significance of the Collect, as it suggests how we ought   
to approach the Opening Prayer of the Mass.

Sunday

* <https://www.smp.org/resourcecenter/resource/8202/>

Why is it important to attend Mass every Sunday?

My Sacrifice and Yours

* <https://www.youtube.com/watch?v=Vodo0LRG93Y>

A short video with a clear and engaging explanation of what “sacrifice” in the Mass means.

Active Participation in the Liturgy

* <https://www.youtube.com/watch?v=YfeWjze3GVY>

An engaging explanation of what it means to be “active participants” in the liturgy.

The Role of Bishop

* <https://www.youtube.com/watch?v=X-yezha5_Fc>

A short video explaining the three primary roles of a bishop.

What Does a Catholic Priest Do?

* <https://www.ukpriest.org/what-does-a-catholic-priest-do>

Fr. Lawrence Jones give a personal and inspiring explanation about his calling   
to the priesthood and what his daily life as a parish priest is like.

Understanding the Diaconate

* <https://www.youtube.com/watch?v=u4vt25nC6zU>

A short video in which Deacon Frank Chavez defines the role of deacon in the Church.

Chapter 8

We Are the Body of Christ

* <https://www.ascension-parish.com/snapshot-3-eucharist/>

A short video about why we receive the Eucharist and the difference it makes in our life.

Understanding the Mass: The Concluding Rites

* <https://www.youtube.com/watch?v=wnpP8E3A3rQ>

A short video that explains how the Concluding Rites orient our prayer and give meaning   
to the rest of the Mass.

The Dismissal

* <https://www.youtube.com/watch?v=ibj6_UqYZ9A>

A brief explanation answering “Why have a dismissal?”

What Do We Do in Adoration?

* <https://www.youtube.com/watch?v=mbyMeNPddBs>

Father Josh puts forth some simple guidelines you can use to help you improve   
your relationship with God through Adoration.

“Pope Paul’s Views on Development 50 Years Ago Important Today”

* <https://www.irishtimes.com/opinion/pope-paul-s-views-on-development-50-years-ago-important-today-1.3017446>

An excellent article explaining the ideas of Pope Paul VI’s encyclical “On the Progress of Peoples” *(“Populorum progressio”)* and why it is still relevant today.